

Alcohol Use Disorders Identification Test - Consumption (AUDIT-C)

Ask the following questions about alcohol use in the past year (Bush et al., 1998):

Name:

1. How often do you have a drink containing alcohol?

- (0) Never
- (1) Monthly or less
- (2) 2-4 times a month
- (3) 2-3 times a week
- (4) 4 or more times a week

Note:



2. How many standard drinks do you have on a typical day when you are drinking?

- (0) 1 or 2
- (1) 3 or 4
- (2) 5 or 6
- (3) 7 to 9
- (4) 10 or more

Note:

3. How often do you have six or more standard drinks on one occasion?

- (0) Never
- (1) Less than monthly
- (2) Monthly
- (3) Weekly
- (4) Daily or almost daily

Note:

Scoring: Sum the points for each question (0-12).

Sum:

Men: Score ≥ 4 indicates risky drinking.

Women: Score ≥ 3 indicates risky drinking.

Action: Scores above the threshold warrant a brief intervention (Bush et al., 1998).

References

Bush, K., Kivlahan, D. R., McDonell, M. B., Fihn, S. D., & Bradley, K. A. (1998). The AUDIT alcohol consumption questions (AUDIT-C): An effective brief screening test for problem drinking. *Archives of Internal Medicine*, 158(16), 1789–1795. <https://doi.org/10.1001/archinte.158.16.1789>